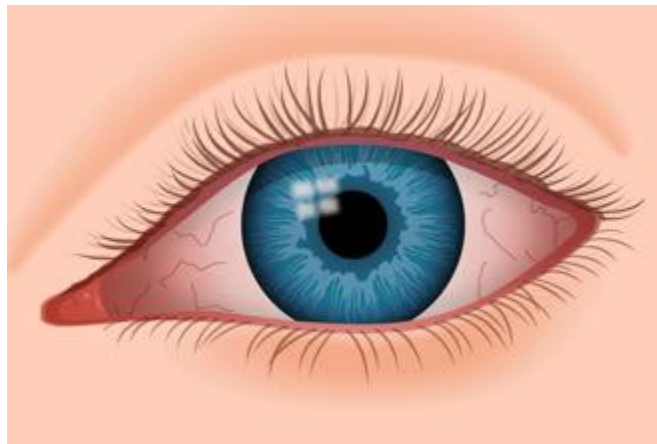


Dry Eye Syndrome

Dry eye syndrome is one of the most common eye conditions caused by a chronic lack of sufficient lubrication and moisture on the surface of the eye due to heavy reading or digital device use, living/working in dry environment, prolonged contact lens wear, LASIK surgery, diets poor in essential fatty acids, or certain health conditions such as diabetes, arthritis, and Sjogren's syndrome.



Signs and Symptoms

1. Blurriness
2. Sensitivity to light
3. Irritation from windy conditions
4. Fatigued eyes at the end of the day
5. Problems wearing contact lenses
6. Scratchy or gritty feeling
7. Excessive tearing
8. Red eyes